



# Update from the Consortium of Lancashire & Cumbria LMCs

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Tuesday 11th February



Weekly Brieflet brought to you by

**Lancashire & Cumbria Consortium of Local Medical Committ**

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**This Brieflet includes the following topics:**

- General Practice Alert State (GPAS)
- End of Year Projections - Quality Contract 24-25
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**General Practice Alert State (GPAS)**

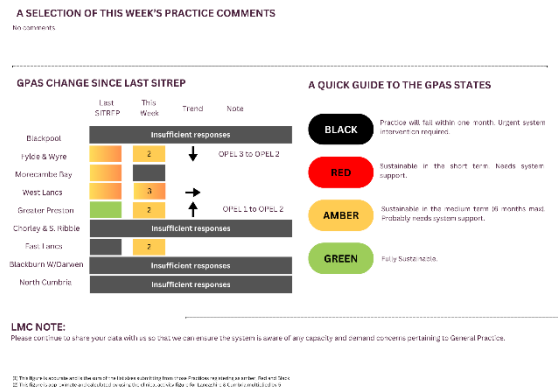
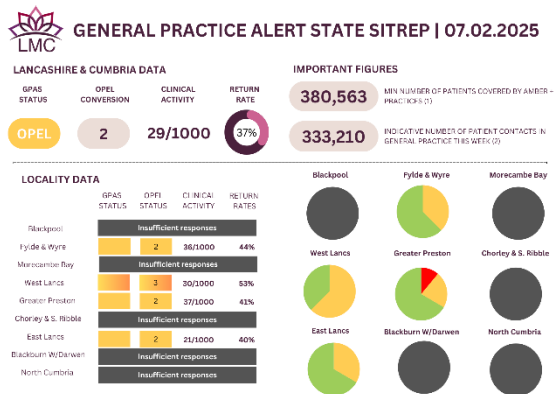
You can see the latest SitRep results below. Results can also be found [on our website](#).

The data we do not receive prevents us from providing a robust picture of system partners and hinders our efforts to push for more support on your behalf.

We really appreciate you taking the time to help us help you.

Please let us know if you are a Practice Manager and do not receive the GPAS input emails.

If someone at your practice needs to be added to the distribution list please email [enquiries@nwlmc.org](mailto:enquiries@nwlmc.org). Submission links are sent out every Tuesday and Wednesday.



Please let us know if you have any questions/ issues

## End of Year Projections - Quality Contract 24-25

Dear Colleagues,

You will have recently received a letter from the ICB regarding your End of Year forecast for the GP Quality Contract 24-25. We understand that this may have raised some concerns, particularly regarding performance expectations and financial implications.

We want to reassure you that the LMC is here to support you through this process. If you have any questions or need further guidance, please do not hesitate to reach out to us. Additionally, we encourage you to refer to the FAQs document, which addresses common queries and clarifies key points about the GP Quality Contract. You can access the FAQs here: [QC FAQs](#).

If you require further support or have specific concerns, please contact your Executive Lead at the LMC directly, and we will be happy to assist.

Morecambe Bay LMC: [tabitha.mitchell-greaves@nwlmc.org](mailto:tabitha.mitchell-greaves@nwlmc.org)

Lancashire Coastal LMC: [toni.parker@nwlmc.org](mailto:toni.parker@nwlmc.org)

Central Lancashire LMC: [jessica.tomlinson@nwlmc.org](mailto:jessica.tomlinson@nwlmc.org)

Lancashire Pennine LMC: [ross.mcduff@nwlmc.org](mailto:ross.mcduff@nwlmc.org)

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## LMC Elections

This is reminder that that the LMC in the Consortium are now holding elections, providing GPs with the opportunity to shape local representation and influence key decisions affecting General Practice. The LMCs play a crucial role in advocating for the profession and ensuring that the voice of General Practice is heard.

We encourage all GPs to engage in this process—whether by standing for election or nominating a peer. Your involvement is essential in strengthening the LMCs ability to represent and support practices effectively.

For more details on the election process and how to get involved, please contact your [LMC Secretary](#).

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## Hep B Dry Bloodshot Test - North Cumbria Only

The LMC has been made aware that practices have received [communication informing that the provision of completing the Hep B Dry Bloodshot \(DBS\) Test for babies](#) has moved to GP Practices, despite this being a Public Health responsibility rather than a General Practice function. This directive has been issued without any prior consultation with practices or the LMC, raising serious concerns about the appropriateness of the request and the additional workload implications.

We have formally responded to make it clear that this is not a role for General Practice and have requested to see the guidance or agreement that underpins this instruction. Given that neither practices nor the LMC were consulted, we do not endorse this work and **strongly advise practices not to engage** with it under any circumstances.

The LMC will continue to challenge any attempts to impose additional, unfunded workload on practices without consultation. If you have any concerns or feedback on this matter, please get in touch with [Mikaela](#).

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## Compassionate Leadership Programmes - Lancashire & South Cumbria only

This is a reminder that we have again commissioned Amanda Super Consulting Ltd to deliver a Compassionate Leadership Coaching Programme to a small group of employees in a Senior Management role within Lancashire and South Cumbria ICB. The programme is aimed at GPs or Practice Managers.

Please email [Rebecca.Noblett@nwmcs.org](mailto:Rebecca.Noblett@nwmcs.org) for more information.

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## GP Support & Development

The GP Support & Development Service is a free confidential independent service offered to all GPs in Lancashire & Cumbria. It provides pastoral support to all GPs who are experiencing problems such as stress, career or partnership issues, addiction, or general unhappiness/burn-out. It is also open to GPs and first 5 GPs who want general career advice. Mentoring is given by GPs in Lancashire & Cumbria on a confidential 1:1 basis. Mentoring, as we see it, offers an opportunity to meet with an experienced colleague to find a way out of difficulties or at least clarify a particular issue. Sometimes one phone call is enough to support you.

GPs needing support, or their colleagues, can contact [Toni Parker](#) at the LMC Office.

Please do not hesitate to contact us as we are here to help.

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### **National Insurance Contributions - Template letter to MPs**

We have written a template letter for practices to send to their local MPs regarding the impact of the recent Employers' National Insurance Contribution (NIC) changes on NHS GP practices. As you know, practices have been excluded from employer support on NICs, placing further financial strain on an already struggling sector. Without urgent intervention, this could significantly destabilise General Practice.

We urge all practices to use this letter to highlight these concerns to their MPs and push for immediate government action. You can find the template letter [here](#).

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### **Help address the GP unemployment crisis - BMA**

Despite the rising demand for family doctors to provide care, a Kafkaesque situation now exists in which a significant number of highly skilled GPs are struggling to secure work.

The BMA's UK Sessional GP Committee is looking for salaried and locum members to help highlight this pressing and absurd situation of the growing unemployment/underemployment crisis among GPs. Please take a few minutes to share your experiences by [completing this BMA survey](#).

Your input is critical to understanding the full extent and impact of this crisis and to strengthen the BMA's lobbying efforts for tangible change.

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### **2023-24 type 2 pension forms for Sessional GPs**

The BMA have recently highlighted the [change of form and upload process for type 2 pension forms for 2023-24](#). Sessional GPs are required to complete a Type 2 Self-Assessment for each pension year, so that NHS England can ensure that all NHS pension contributions have been correctly paid and then accurately allocated to that GP's NHS Pension Scheme record.

The relevant forms must be completed by those who have undertaken practitioner pensionable work between 1 April 2023 and 31 March 2024, and should be submitted to PCSE **by 28 February 2025**. PCSE and the BMA Pensions Committee have held two webinars to explain the new form and the process to upload the forms. [Watch a recording of the webinar](#)

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### **GP Collective Action - Secondary Care guidance**

The BMA recognises the particular challenges across the primary and secondary interface, and want to ensure all specialist colleagues are aware of the purpose and aims of GP Collective

Action. To this end GPC England and the UK Consultants Committee have developed explanatory resources hospital and trust-based colleagues.

The BMA's new web page <https://www.bma.org.uk/secondarycareGPaction> outlines how secondary care colleagues may be affected and ways they can support GPs in this campaign.

The BMA also asked you to continue to refer to the collective action [Protect your patients, protect your practice web page](#), which explains in more detail the [nine actions](#) that practices can choose to take. It also contains more information such as the [Safe Working Guidance Handbook](#), [Campaign resources](#) and [Patient materials](#).

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## **Doctors.net Seeking GP Perspectives on PA Employment Decisions**

Doctors.net.uk is exploring the issue of GP practices continuing (or not) to employ Physician Associates (PAs) following the recent RCGP guidance. They are looking to speak with:

- A GP who has had to make the difficult decision to make a PA redundant.
- A GP who has chosen to continue employing PAs, feeling they already have appropriate supervision and support in place.

Interviews will be conducted sensitively, and anonymity can be provided if preferred. This is for a medical publication accessible only to doctors.

If you or someone you know would be willing to share their perspective, please contact [emmalwilkinson@gmail.com](mailto:emmalwilkinson@gmail.com).

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## **Lancashire Coastal Soapbox**



This is a reminder that the next Lancashire Coastal soapbox is taking place on **Wednesday 12th February at 1pm - 1:30pm via Teams**. If you have not received the link, please email [Rebecca.Noblett@nwlmc.org](mailto:Rebecca.Noblett@nwlmc.org)

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### **FIT/Lower GI Education Event**

The Cancer Alliance are hosting an event for Primary Care on 6<sup>th</sup> March via Teams, focusing on lower GI suspected cancer referrals and FIT.

The link to sign-up and for further details is here: [Lancashire & South Cumbria FIT Education EventTickets, Thu, Mar 6, 2025 at 1:00 PM | Eventbrite](#)

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### **LMC Training Events 2025**

Please see a list of upcoming training events being hosted by the LMC:

- [Complaints Training](#)
- [Conflict Management](#)
- [CQC Update](#)

To book your place or find out more information, please contact [Rebecca.Noblett@nwlmc.org](mailto:Rebecca.Noblett@nwlmc.org) or view [here](#).

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### **Help Us Grow Our Audience**

We understand that you are busy and are likely to receive many emails on a daily basis. However it is important for you to receive communications from us because **we can help and support you.**

We know there are many colleagues who do not receive our brieflet, so please help us by sharing this with your team and letting us know to add them to our distribution lists.

Contact Us



You have received this Brieflet because you are on the distribution list for Lancashire & Cumbria Consortium of Local Medical Committees. Please [let us know](#) if you want to be on the distribution list to receive this Brieflet.

If you no longer wish to receive this Brieflet and/or are retiring, please let us know [here](#).

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